Morning Star Behavioral Associates

FOR IMMEDIATE RELEASE

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Morning Star Behavioral Associates launches community-service focused day rehabilitation program

Morning Star Behavioral Associates in Cape Girardeau, Missouri, is launching a new innovative day habilitation program, "Independent U." Through this program, adults with behavioral concerns and learning difficulties are given the chance to voice their dreams and live their fullest lives.

From 8 a.m. to 4 p.m., the adult clients enrolled in Independent U will experience each day with purpose. Half of the day will be spent at Morning Star's new, state-of-the-art clinic, while the other half will be spent out in the community. Clients will get involved in making the community a better place through service projects and volunteer opportunities.

Morning Star CEO Lindsey Pippins has a background in day habilitation program implementation and research. Through science and compassion, Radcliffe says this program will work at helping each person find purpose in daily life.

"[Through Independent U,] each person is reaching not only their full potential, but living their fullest life," Pippins says.

Morning Star takes a data-based approach with practical solutions to measure and maximize an individual's independence, through their custom-designed index, "11 Categories of Independence." This method has been piloted in two states with three different populations, from high school students to adults, with much success.

To accompany this new program, Morning Star is relocating to a newly-built clinic on 1 Main Street in Cape Girardeau. The 1 Main location is modeled to resemble natural environments, the places we live and experience life every day.

For more information about Morning Star's approach to behavioral health, visit <u>morningstarbx.com</u> or contact media representative Jasmine Jones at the information listed above.

If interested in joining Independent U, call Morning Star's Main Office at (573) 225-6678.